



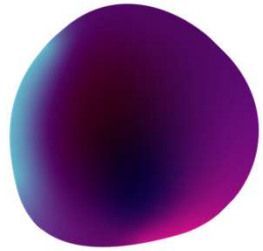
COMPLAINT FREE BUSINESS

WITH WENDY BABCOCK



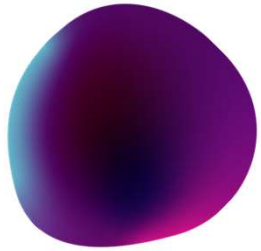
**YOU ARE CREATING
OR
CONTRIBUTING TO
THE PROBLEM**





THERE IS TOO MUCH COMPLAINING IN THE WORLD



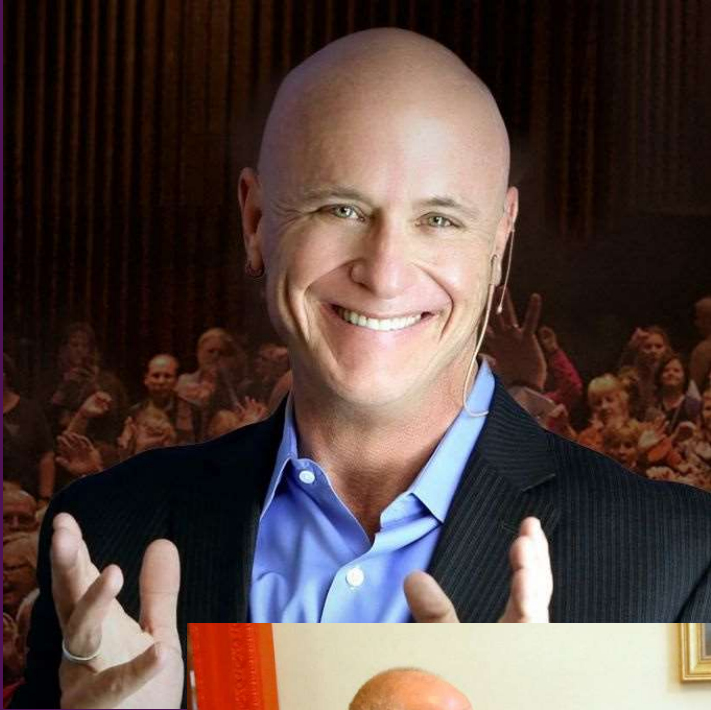


**THERE IS TOO MUCH COMPLAINING IN THE WORLD.
THE WORLD ISN'T THE WAY WE WOULD LIKE IT TO BE.**



COMPLAINT FREE MOVEMENT

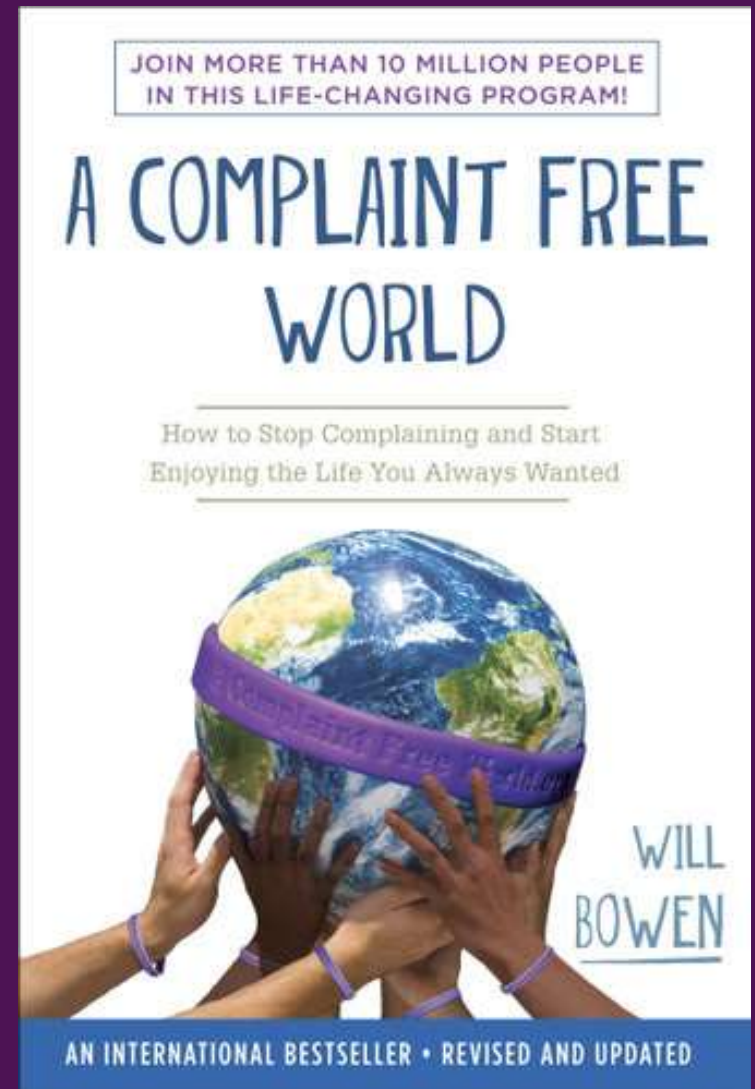
Will Bowen



A COMPLAINT FREE WORLD

**#1 INTERNATIONAL
BESTSELLING BOOK**

**OVER 4 MILLION
COPIES**



A COMPLAINT FREE WORLD

**#1 INTERNATIONAL
BESTSELLING BOOK**

**Revised and
Updated**

#1 INTERNATIONAL BESTSELLER

Revised and Updated

A Complaint Free World

STOP COMPLAINING

START LIVING

Will Bowen

*Join more than 15 million people in the
Complaint Free challenge*



 **Will Bowen**
Complaint Free[®] Certified Trainer



Complain

**to express
grief, pain, or
discomfort**





Complain

**to express
grief, pain, or
discomfort**



DOES NOT SOLVE THE PROBLEM



NOT *Complaining*

**SPEAK DIRECTLY AND ONLY TO
THE PERSON WHO CAN RESOLVE
THE ISSUE**

(stick to the facts - they are neutral)



ECKHART TOLLE



“COMPLAINING
IS NOT TO BE CONFUSED WITH
INFORMING SOMEONE OF A MISTAKE OR
DEFICIENCY SO THAT IT CAN BE PUT
RIGHT.”



ECKHART TOLLE



**“AND TO REFRAIN FROM
COMPLAINING DOESN’T
NECESSARILY MEAN PUTTING UP
WITH BAD QUALITY OR
BEHAVIOR.”**



ECKHART TOLLE



THERE IS NO EGO IN TELLING THE
WAITER YOUR SOUP IS COLD AND
NEEDS TO BE HEATED UP —

**IF YOU STICK TO THE FACTS,
WHICH ARE ALWAYS NEUTRAL.**

ECKHART TOLLE



“HOW DARE YOU SERVE ME COLD
SOUP!!

THAT’S COMPLAINING.”



WHY is complaining bad?



WHY is complaining bad?

- COSTS MONEY



WHY is complaining bad?

- COSTS MONEY

1 OUT OF EVERY 10 EMPLOYEES
QUITS THEIR JOB
BECAUSE OF COMPLAINING
COWORKERS



WHY is complaining bad?

- COSTS MONEY

3/4 OF US EMPLOYEES
SAY THEY'D REFUSE A BETTER
JOB WITH A \$10,000 RAISE IF
THEY HAD TO WORK WITH A
COMPLAINER



WHY is complaining bad?

- COSTS MONEY
- COMPETITIVE SPORT



WHY is complaining bad?

- COSTS MONEY
- COMPETITIVE SPORT
- DESTROYS RELATIONSHIPS



WHY is complaining bad?

- COSTS MONEY
- COMPETITIVE SPORT
- DESTROYS RELATIONSHIPS
- KEEPS FOCUS ON THE PROBLEM



WHY is complaining bad?

- COSTS MONEY
- COMPETITIVE SPORT
- DESTROYS RELATIONSHIPS
- KEEPS FOCUS ON THE PROBLEM
- DAMAGES HEALTH



WHY PEOPLE COMPLAIN



WHY PEOPLE COMPLAIN

G



WHY PEOPLE COMPLAIN

G
R



WHY PEOPLE COMPLAIN

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WHY PEOPLE COMPLAIN

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WHY PEOPLE COMPLAIN

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WHY PEOPLE COMPLAIN GET ATTENTION

R
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P
E





COMPLAINING TO GET ATTENTION:

**“WHAT’S GOING WELL
WITH _____ ?”**



WHY PEOPLE COMPLAIN GET ATTENTION

R
I
P
E



WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY

I
P
E





COMPLAINING TO REMOVE RESPONSIBILITY:

**“IF IT WERE POSSIBLE,
HOW MIGHT YOU DO IT?”**



WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY

I
P
E



WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY
INSPIRE ENVY

P
E





COMPLAINING TO INSPIRE ENVY:

**COMPLIMENT
THE
OPPOSITE**



WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY
INSPIRE ENVY

P
E



WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY
INSPIRE ENVY
POWER
E





COMPLAINING FOR POWER:

**“SOUNDS LIKE THE TWO
OF YOU HAVE A LOT TO
TALK ABOUT”**



WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY
INSPIRE ENVY
POWER
E





**WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY
INSPIRE ENVY
POWER
EXCUSE POOR PERFORMANCE**



COMPLAINING TO EXCUSE POOR PERFORMANCE:

**“HOW DO YOU PLAN TO
IMPROVE FOR NEXT
TIME?”**





**WHY PEOPLE COMPLAIN
GET ATTENTION
REMOVE RESPONSIBILITY
INSPIRE ENVY
POWER
EXCUSE POOR PERFORMANCE**

21 DAY COMPLAINT FREE CHALLENGE





21 DAY COMPLAINT FREE

- ## CHALLENGE
- No Finger Pointing
 - No Bracelet Snapping
 - Keeping Switching Your Bracelet through the day
 - Thoughts Are FREE



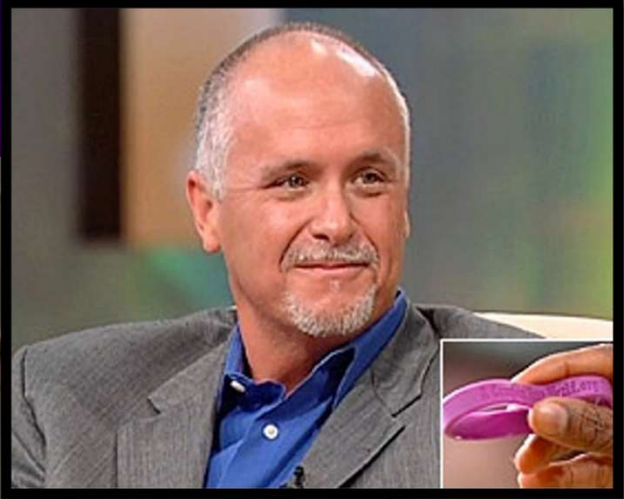
NO SHAME IN DAY ONE



DAY ONE MEANS...

- YOU'RE TRYING
- MAKING A CONSCIOUS EFFORT TO DO BETTER
- YOU'RE ON A JOURNEY TO CHANGE YOUR LIFE







**MAKE TODAY YOUR
DAY ONE.**





Give feedback to Wendy

1. Scan this QR code



or go to talk.ac/wendybabcock

2. Enter this code on the screen



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